

Nutrition Facts

20 servings per container

Serving size 2 level scoops (30g)

Amount per serving Calories	100
	130
	% DV*
Total Fat 3g	4%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 5g	2%
Dietary Fiber <1g	2%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	26%
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 5mg	30%
Potassium 160mg	4%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.