



## Prepare as a Daily Snack or Meal

**Protein Drink Mix** is a great-tasting, high protein snack with high-quality ingredients that helps boost your protein intake throughout the day. It mixes easily with water, making it ideal for a nutritious snack or protein boost on the go.

**DIRECTIONS:** Gently shake the canister prior to each use as contents may settle. Blend or stir 2 scoops (28g) with 8 fl oz of cold water or add to your Formula 1 shake to boost your protein intake. Prepare as a Daily Snack or Meal.

PRODUCT	SNACK	SNACK	MEAL
Protein Drink Mix (PDM)	 2 scoops	 1 scoop	 2 scoops
Formula 1		 2 scoops	 2 scoops
8 fl oz of Water			
Protein	15g	17g	24g
Calories	110	150	200

## Quick & Easy to Prepare



### BLEND

- 4 – 5 ice cubes
  - Add fresh fruits and vegetables (optional)
  - Blend on low until you achieve desired thickness
- Check out [Herbalife.com](https://www.herbalife.com) for additional shake recipes.

**Herbalife Nutrition Also Recommends:** See your Distributor for further product recommendations and guidance on your Herbalife Nutrition® weight management program. For variety, try our other delicious protein-rich snacks too.

**30-day money-back guarantee.** This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

**NOTICE:** Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet and regular physical activity. Use this product as a food supplement only. Should be combined with Formula 1 shake when using this product for weight management.

\* Not a low or reduced calorie food.



**HERBALIFE  
NUTRITION®**

# Protein Drink Mix

## Protein for energy and nutrition

- Nutrient dense snack or protein booster
- Sustains energy & satisfies hunger
- High protein
- 24 vitamins and minerals
- Less than 1g of sugar\*



vanilla

natural and artificial flavors



**NET WT: 21.7 OZ (616g)**

**15g  
PROTEIN**

**LOW  
GLYCEMIC**

# Nutrition Facts

22 servings per container

Serving size

2 scoops (28g)

Amount per serving

**Calories**

**110**

	% DV**		% DV**
<b>Total Fat</b> 3.5g	<b>4%</b>	Thiamin 0.8mg	70%
Saturated Fat 1g	<b>4%</b>	Riboflavin 0.7mg	50%
Trans Fat 0g		Niacin 8mg	50%
<b>Cholesterol</b> 0mg	<b>0%</b>	Vitamin B6 0.7mg	40%
<b>Sodium</b> 390mg	<b>17%</b>	Folate 320mcg DFE (190mcg folic acid)	80%
<b>Total Carbohydrate</b> 3g	<b>1%</b>	Vitamin B12 1.8mcg	80%
Dietary Fiber 0g	<b>0%</b>	Biotin 120mcg	400%
Total Sugars <1g		Pantothenic Acid 4.5mg	90%
Includes 0g Added Sugars	<b>0%</b>	Phosphorus 390mg	30%
<b>Protein</b> 15g	<b>30%</b>	Iodine 52mcg	35%
Vitamin D 3.5mcg	20%	Magnesium 140mg	35%
Calcium 180mg	15%	Zinc 5.3mg	50%
Iron 7.3mg	40%	Selenium 25mcg	45%
Potassium 220mg	4%	Copper 0.8mg	90%
Vitamin A 570mcg RAE	60%	Manganese 0.7mg	30%
Vitamin C 25mg	30%	Chromium 36mcg	100%
Vitamin E 6.3mg	40%	Molybdenum 30mcg	70%
Vitamin K 32mcg	25%		

**INGREDIENTS:** Soy Protein Isolate, Creamer [Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Potassium Phosphate, Mono- and Diglycerides, Calcium Phosphate, Soy Lecithin, Tocopherols (added to protect flavor)], Calcium Caseinate, Maltodextrin, Magnesium Phosphate, Natural and Artificial Flavors, Salt, Potassium Chloride, Calcium Phosphate, Dextrose, Guar Gum, Soy Lecithin, Xanthan Gum, Ascorbic Acid, Sucralose, DL-Alpha Tocopherol Acetate, Biotin, Turmeric Oleoresin (added for color), Zinc Sulfate, Sodium Molybdate, Retinyl Palmitate, Niacinamide, Reduced Iron, Calcium D-Pantothenate, Copper Gluconate, Potassium Iodide, L-Selenomethionine, Phytonadione, Chromium Chloride, Thiamine Mononitrate, Riboflavin, Cyanocobalamin, Folic Acid, Cholecalciferol, Manganese Sulfate, and Pyridoxine Hydrochloride. **CONTAINS MILK AND SOY.** Contains bioengineered food ingredients.

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.  
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA  
Made in USA with US and imported ingredients

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