

Prepare as a Daily Snack or Meal

Protein Drink Mix is a great-tasting, high protein snack with high-quality ingredients that helps boost your protein intake throughout the day. It mixes easily with water, making it ideal for a nutritious snack or protein boost on the go.

DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Blend or stir 2 scoops (28g) with 8 fl oz of cold water or add to your Formula 1 shake to boost your protein intake. Prepare as a Daily Snack or Meal.

PRODUCT	SNACK	SNACK	MEAL
Protein Drink Mix (PDM)	2 scoops	1 scoop	2 scoops
Formula 1		2 scoops	2 scoops
8 fl oz of Water			
Protein	15g	17g	24g
Calories	110	150	200

Quick & Easy to Prepare



BLEND

- 4 5 ice cubes
- · Add fresh fruits and vegetables (optional)
- Blend on low until you achieve desired thickness

Check out Herbalife.com for additional shake recipes.

Herbalife Nutrition Also Recommends: See your Distributor for further product recommendations and guidance on your Herbalife Nutrition® weight management program. For variety, try our other delicious protein-rich snacks too.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

NOTICE: Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet and regular physical activity. Use this product as a food supplement only. Should be combined with Formula 1 shake when using this product for weight management.

* Not a low or reduced calorie food.



Protein Drink Mix

Protein for energy and nutrition

• Nutrient dense snack or protein booster

• Sustains energy & satisfies hunger

High protein

· 24 vitamins and minerals

· Less than 1g of sugar*







NET WT: 29.6 OZ (840g)



LOW GLYCEMIC

Nutrition Facts

30 servings per container

Serving size

2 scoops (28g)

Amount per serving

Calories

110

	% DV**		% DV**
Total Fat 3.5g	4%	Thiamin 0.8mg	70%
Saturated Fat 1g	4%	Riboflavin 0.7mg	50%
Trans Fat 0g		Niacin 8mg	50%
Cholesterol Omg 0		Vitamin B6 0.7mg	40%
Sodium 390mg	17%	Folate 320mcg DFE (190mcg folic acid)	80%
Total Carbohydrate 3g	1%	Vitamin B12 1.8mcg	80%
Dietary Fiber Og	0%	Biotin 120mcg	400%
Total Sugars <1g		Pantothenic Acid 4.5mg	90%
Includes 0g Added Sugars	0%	Phosphorus 390mg	30%
Protein 15g	30%	lodine 52mcg	35%
		Magnesium 140mg	35%
Vitamin D 3.5mcg	20%	Zinc 5.3mg	50%
Calcium 180mg	15%	Selenium 25mcg 45	
Iron 7.3mg	40%	Copper 0.8mg	90%
Potassium 220mg	4%	Manganese 0.7mg	30%
Vitamin A 570mcg RAE	60%	Chromium 36mcg	100%
Vitamin C 25mg	30%	Molybdenum 30mcg 70%	
Vitamin E 6.3mg 40%		** The % Daily Value (DV) tells you how much a nutrient in a serving of	
Vitania V 22	250/	food contributes to a daily diet. 2,000 calories a day is used for general	

INGREDIENTS: Soy Protein Isolate, Creamer [Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Potassium Phosphate, Mono- and Diglycerides, Calcium Phosphate, Soy Lecithin, Tocopherols (added to protect flavor)], Calcium Caseinate, Maltodextrin, Magnesium Phosphate, Natural and Artificial Flavors, Salt, Potassium Chloride, Calcium Phosphate, Dextrose, Guar Gum, Soy Lecithin, Xanthan Gum, Ascorbic Acid, Sourralose, Dl-Alpha Tocopherol Acetate, Biotin, Turmeric Oleoresin (added for color), Zinc Sulfate, Sodium Molybdate, Retinyl Palmitate, Niacinamide, Reduced Iron, Calcium D-Pantothenate, Copper Gluconate, Potassium Iodide, L-Selenomethionine, Phytonadione, Chromium Chloride, Thiamine Mononitrate, Riboflavin, Cyanocobalamin, Folic Acid, Cholecalciferol, Manganese Sulfate, and Pyridoxine Hydrochloride.

25%

CONTAINS MILK AND SOY.

Vitamin K 32mcg

Contains bioengineered food ingredients.

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.

800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA Made in USA with US and imported ingredients

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