

Stop breakdown. Start rebuilding.

Rebuild Strength We've created a sustained muscle building shake that delivers a tri-core protein-amino blend of free amino acids, whey and casein proteins to help rebuild fatigued muscle over a multi-hour period.* Rebuild Strength's carbohydrate blend helps enhance muscle-recovery by supporting the delivery of amino acids for muscle synthesis.*

- **Sustained Amino Acid Delivery***
- **Rebuild Lean Muscle***
- **Support Immune Function***

24g
Protein

Tri-Core
Protein Amino Blend

3000mg††
L-Glutamine

4000mg
BCAA

DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Mix 2 scoops (50g) with 8 fl oz of water or liquid of your choice and shake. Consume one shake per day within 30 minutes following physical activity.

NSF Certified for Sport® (Verify this batch has been tested at www.nsf.org):

- TESTED - Clean of athletic banned substances
- VERIFIED - Meets label claims and contaminant test criteria
- AUDITED - Manufacturing facility is GMP compliant

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

†† L-Glutamine content includes free amino acid and that naturally occurring in protein.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HERBALIFE


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NUTRITION FOR THE 24-HOUR ATHLETE

REBUILD STRENGTH

IMMEDIATE AND SUSTAINED MUSCLE RECOVERY*

VANILLA ICE CREAM
natural flavor with other natural flavors
no artificial sweeteners

 **DIETARY SUPPLEMENT**
NET WT: 35.3 OZ (1000g)



Supplement Facts

Serving Size: 2 scoops (50 g)
Servings Per Container: 20

	Amount Per Serving	% DV**
Calories	190	
Total Fat	1.5 g	2%
Saturated Fat	1 g	4%
Cholesterol	35 mg	11%
Total Carbohydrate	18 g	6%
Total Sugars	14 g	
Includes 13 g Added Sugars		26%
Protein	24 g	48%
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin E (as DL-Alpha Tocopheryl Acetate)	3.6 mg	24%
Vitamin B1 (as Thiamine Mononitrate)	1.1 mg	92%
Vitamin B6 (as Pyridoxine Hydrochloride)	1 mg	59%
Vitamin B12 (as Cyanocobalamin)	3 mcg	125%
Pantothenic Acid (as Calcium D-Pantothenate)	5 mg	100%
Calcium	400 mg	31%
Iron (as Ferrous Fumarate)	3.4 mg	19%
Magnesium (as Magnesium Oxide and Magnesium Citrate)	120 mg	29%
Chromium (as Chromium Chloride)	17 mcg	49%
Sodium (as Sea Salt)	190 mg	8%
Potassium (as Potassium Citrate)	350 mg	7%
Stevia Extract (Leaf)	50 mg	†
Tri-Core Protein Amino Blend	14 g	†
Milk Protein Concentrate, L-Glutamine, Whey Protein Isolate, Whey Protein Concentrate, Instantized Branched Chain Amino Acids [(BCAA) L-Leucine, Valine and Isoleucine] and Calcium Caseinate		

** Percent Daily Values (% DV) are based on a 2,000 calorie diet.

† Daily Value not established.

2D AREA

OTHER INGREDIENTS: Whey Protein Concentrate, Milk Protein Concentrate, Dextrose, Sugar, Maltodextrin, High Oleic Sunflower Oil, Medium Chain Triglycerides, Natural Cheesecake Flavor, Natural Vanilla Bean Flavor, Silicon Dioxide, Natural Flavor, and Guar Gum. **CONTAINS MILK AND SOY.**

Formulated and distributed exclusively by:
HERBALIFE INTERNATIONAL OF AMERICA, INC.
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Made in USA with US and imported ingredients

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