



Quality performance starts with reliable nutrition

Formula 1 Sport Gain confidence from your pre-competition nourishment. Balanced with carbohydrates, proteins, vitamins and minerals, Formula 1 Sport establishes a solid nutritional foundation for performance while being easy to consume.

- Sustained Energy
- Supports Immune Function
- Maintains Muscle Mass

90 Calories	1000mg† L-Glutamine	9g Milk Protein	Antioxidant Support
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DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Blend or stir 2 scoops (26g) of Formula 1 Sport with 8 fl oz of water or nonfat milk. Create your own Formula 1 Sport recipes by mixing with fresh fruit and ice.

Enjoy Formula 1 Sport as a healthy meal or snack in conjunction with your personalized Herbalife24 program.

NSF Certified for Sport® (Verify this batch has been tested at www.nsf-sport.com):

- TESTED - Clean of athletic banned substances
- VERIFIED - Meets label claims and contaminant test criteria
- AUDITED - Manufacturing facility is GMP compliant

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

NOTICE: Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet and regular physical activity.

† L-Glutamine content is a combination of free amino acids and those naturally occurring in protein.

HERBALIFE 24

NUTRITION FOR THE 24-HOUR ATHLETE

FORMULA 1 SPORT

**NUTRITIONAL SHAKE MIX
HEALTHY MEAL FOR ATHLETES**

CREAMY VANILLA FLAVOR
no artificial flavors or sweeteners



NET WT: 27.5 OZ (780g)



Nutrition Facts

30 servings per container

Serving size

2 scoops (26g)

	Per serving	Per serving with 8 fl oz nonfat milk
Calories	90	170
	% DV*	% DV*
Total Fat	0.5g	0.5g
Saturated Fat	0g	0g
Trans Fat	0g	0g
Cholesterol	10mg	15mg
Sodium	190mg	290mg
Total Carbohydrate	13g	25g
Dietary Fiber	1g	1g
Total Sugars	9g	22g
Includes Added Sugars	8g	8g
Protein	9g	17g
Vitamin D	20mcg	22.9mcg
Calcium	290mg	590mg
Iron	3mg	3.1mg
Potassium	200mg	580mg
Vitamin A	270mcg RAE	420mcg RAE
Vitamin C	90mg	90mg
Vitamin E	4.5mg	4.5mg
Thiamin	0.36mg	0.47mg
Riboflavin	0.39mg	0.84mg
Niacin	4.8mg	5mg
Vitamin B6	0.5mg	0.59mg
Folate	80mcg DFE (50mcg folic acid)	95mcg DFE (50mcg folic acid)
Vitamin B12	1.44mcg	2.66mcg
Biotin	9mcg	9mcg
Pantothenic Acid	1.5mg	2.4mg
Phosphorus	200mg	450mg
Magnesium	125mg	155mg
Zinc	3.3mg	4.3mg
Selenium	13mcg	21mcg
Copper	0.25mg	0.28mg
Chromium	10.5mcg	10.5mcg
Molybdenum	15mcg	15mcg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Milk Protein Concentrate, Fructose, Sugar, Maltodextrin, Cellulose Powder, High Oleic Sunflower Oil, Calcium Phosphate, Salt, Potassium Chloride, Natural Flavors, Magnesium Oxide, Xanthan Gum, Lecithin, L-Glutamine, Ascorbic Acid, Guar Gum, Medium Chain Triglycerides, Silicon Dioxide, DL-Alpha Tocopheryl Acetate, Stevia Leaf Extract, Cholecalciferol, Ferrous Fumarate, Niacinamide, Retinyl Palmitate, Sodium Molybdate, Sodium Selenite, Zinc Oxide, Calcium D-Pantothenate, Copper Gluconate, Cyanocobalamin, Chromium Chloride, Biotin, Pyridoxine Hydrochloride, Folic Acid, Thiamine Mononitrate, and Riboflavin. **CONTAINS MILK AND SOY.**

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