



RECOMMENDED USE: Take one stick pack (2.6g) of Fat Release with or after a meal or snack that contains fats. If you wish to digest fat content in a meal, such as omega-3 fatty acids, do not take Fat Release after the meal. Enjoy up to three stick packs a day, one after each meal.

Enjoy Fat Release slowly straight from the stick pack, no water required! For an added fruit twist flavor, combine one stick pack with 1 serving of Herbal Tea Concentrate, 1 serving of Herbal Aloe Concentrate or 8 fl. oz. of hot or cold water.

PRODUCT	OPTION 1	OPTION 2	OPTION 3	OPTION 4
Fat Release	1 stick pack	1 stick pack	1 stick pack	1 stick pack
Slowly pour in mouth				
8 fl. oz. of hot or cold water				
Herbal Aloe Concentrate		1 serving		
Herbal Tea Concentrate			1/2 teaspoon	

STORE IN A COOL, DRY PLACE.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

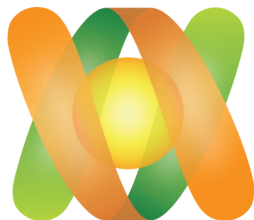
Carton is half-filled with stick packs due to limitations of manufacturing equipment.

Fat Release

For weight loss program support*†

- Reduces a portion of calories from being absorbed when taken with a meal containing fats*
- Enhances the amount of dietary fat eliminated from the body*
- Formulated with Litramine® to promote feeling of fullness*

fruit twist
natural and artificial flavors



DIETARY SUPPLEMENT

30 STICK PACKS 0.09 OZ (2.6g) EACH
NET WT: 2.75 OZ (78g)

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

† Weight loss plans are supported by taking the product three servings a day.

Support healthy weight loss through dietary fat excretion.*†

Fat Release is specially formulated with Litramine®, a patented ingredient with cactus fiber, to support weight loss targeting dietary fat excretion.*† When ingested with foods containing fats, Litramine® forms a fat-fiber complex with a portion of the fats in the food. The fat-fiber complex, which cannot be digested or absorbed, is excreted from our bodies. Litramine® can help in reducing calories absorbed from dietary fat.*

Clinical studies on adults 35 and older showed that taking 1 gram Litramine® 3 times a day with or after meals for 12 weeks can support weight loss by binding a portion of dietary fat in overweight people who were on nutritionally balanced diets and moderate intensity exercise.* Diet in study did not include Herbalife Nutrition meal program.

Litramine® patent under license from InQpharm: US 9,107,441 B2.

Litramine® is a trademark of the InQpharm group of companies.

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Supplement Facts

Serving Size: 1 stick pack (2.6 g)

Servings Per Container: 30

	Amount Per Serving	% DV**
Calories	10	
Total Carbohydrate	2 g	1%
Calcium	40 mg	3%

Litramine® Proprietary Blend

(*Opuntia ficus-indica*, gum arabic, gamma-cyclodextrine) 1 g ††

** Percent Daily Values (% DV) are based on a 2,000 calorie diet.

†† Daily Value (DV) not established.

OTHER INGREDIENTS: Xylitol, Lemon Juice Powder, Cranberry Juice Powder, Citric Acid, Silicon Dioxide, Natural and Artificial Flavor, and Magnesium Stearate.

Distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.

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Made in Germany

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