

Stop breakdown. Start rebuilding.

Rebuild Strength We've created a sustained muscle building shake that delivers a tri-core protein-amino blend of free amino acids, whey and casein proteins to help rebuild fatigued muscle over a multi-hour period.* Rebuild Strength's carbohydrate blend helps enhance muscle-recovery by supporting the delivery of amino acids for muscle synthesis.*

- Sustained Amino Acid Delivery*
- Rebuild Lean Muscle*
- Support Immune Function*



DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Mix 2 scoops (about 51g) with 8 fl oz of water or liquid of your choice and shake. Consume one shake per day within 30 minutes following physical activity.

NSF Certified for Sport® (Verify this batch has been tested at www.nsfsport.com):

- TESTED Clean of athletic banned substances
- VERIFIED Meets label claims and contaminant test criteria
- AUDITED Manufacturing facility is GMP compliant

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

[‡] L-Glutamine content includes free amino acid and that naturally occurring in protein.

HERBALIFE



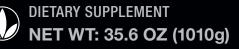
NUTRITION FOR THE 24-HOUR ATHLETE

REBUILD STRENGTH

IMMEDIATE AND SUSTAINED MUSCLE RECOVERY*



natural flavor with other natural flavors no artificial sweeteners





Supplement Facts

Serving Size: 2 scoops (about 51 g) Servings Per Container: 20

	Amount Per Serving	% DV*
Calories	190	
Total Fat	1.5 g	29
Saturated Fat	1 g	49
Cholesterol	35 mg	119
Total Carbohydrate	18 g	79
Total Sugars	14 g	
Includes 13 g Added Sugars		269
Protein	24 g	489
Vitamin C (as Ascorbic Acid)	90 mg	1009
Vitamin E (as DL-Alpha Tocopheryl Acetate)	3.6 mg	249
Vitamin B1 (as Thiamine Mononitrate)	1.1 mg	929
Vitamin B6 (as Pyridoxine Hydrochloride)	1 mg	599
Vitamin B12 (as Cyanocobalamin)	3 mcg	1259
Pantothenic Acid (as Calcium D-Pantothenate)	5 mg	1009
Calcium	405 mg	319
Iron (as Ferrous Fumarate)	3.2 mg	189
Magnesium (as Magnesium Oxide and Magnesium Citrate) 120 mg	299
Chromium (as Chromium Chloride)	17 mcg	499
Sodium (as Sea Salt)	190 mg	80
Potassium (as Potassium Citrate)	450 mg	109
Stevia Extract (Leaf)	50 mg	
Tri-Core Protein Amino Blend	14 g	
Milk Protein Concentrate, L-Glutamine, Whey Protein Is Instantized Branched Chain Amino Acids ((BCAA) L-Leu		

Calcium Caseinate

OTHER INGREDIENTS: Whey Protein Concentrate, Milk Protein Concentrate, Fructose, Sugar, Cocoa Powder (Processed with Alkali), Maltodextrin, High Oleic Sunflower Oil, Modified Food Starch, Medium Chain Triglycerides, Natural Flavors, Silicon Dioxide and Guar Gum. CONTAINS MILK AND SOY. Contains bioengineered food ingredients

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC. 800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA Made in USA with US and imported ingredients ©2020 HERBALIFE NUTRITION



^{**} Percent Daily Values (% DV) are based on a 2,000 calorie diet.

[†] Daily Value not established