



## Prepare as a Daily Snack

**Instant Soup** is a tasty and nutritious savory snack, specially formulated with 15g of plant-based protein and 3g of fiber to help satisfy your hunger and give you energy.

For tasty recipes using this product, visit <https://www.herbalife.com/recipes>

**DIRECTIONS:** Gently shake the canister prior to each use as contents may settle. Combine 2 scoops (37g) of Instant Soup mix with 6\*\* - 8 fl oz of hot water in a bowl. Mix with a spoon until the powder clumps dissolve. Let stand for 3 minutes and consume while still warm, within 5 minutes after serving. Enjoy up to 2 servings per day.

\*\* For a thicker texture preference, water amount can be reduced to 6 fl oz instead of 8 fl oz.



2 scoops

6 - 8 fl oz  
hot water

mix

**30-day money-back guarantee.** This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

**NOTICE:** Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet and regular physical activity.



25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. One serving of Instant Soup provides 9g of soy protein.



## Instant Soup

### Protein Snack for Energy and Nutrition

- High protein to satisfy hunger
- Good source of fiber
- Not made with dairy
- Just add water

Scan for recipes



chicken and  
vegetables flavor

natural and artificial flavors  
no artificial sweeteners

Certified



Gluten-Free



NET WT: 19.5 OZ (555g)

## Nutrition Facts

15 servings per container

Serving size

2 scoops (37g)

Amount per serving

Calories

130

% DV\*

Total Fat 1.5g

2%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 560mg

24%

Total Carbohydrate 14g

5%

Dietary Fiber 3g

11%

Total Sugars <1g

Includes 0g Added Sugars

0%

Protein 15g

30%

Vitamin D 0mcg

0%

Calcium 30mg

2%

Iron 3.5mg

20%

Potassium 420mg

8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Protein Blend (Soy Protein Isolate, Pea Protein), Maltodextrin, Polydextrose Powder, Natural and Artificial Flavors, Potassium Chloride, Yeast Extract, Cellulose Powder, Silicon Dioxide, Sea Salt, Guar Gum, Xanthan Gum, and Dried Chive Flakes. **CONTAINS SOY AND SULFITES.** Contains bioengineered food ingredients.

Formulated and distributed exclusively by:  
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Made in USA with US  
and imported ingredients  
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15g  
PROTEIN