



L2795US0B-00 SKU2795

Formula 1 Instant is a delicious, water-mixable on-the-go healthy meal that provides an ideal balance of protein and nutrition to help satisfy your hunger and give you lasting energy. Each shake is packed with 24 vitamins and minerals, and is an excellent source of antioxidants†. This product is certified kosher. Clinical studies have shown that daily usage of meal replacement shakes is proven effective for managing weight, along with moderate exercise.

† Vitamins C & E

DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Stir 2 scoops (52g) of Formula 1 Instant with 8 fl oz of water. Just shake and go!

Each delicious serving of Formula 1 Instant contains:



Herbalife Nutrition Also Recommends: Use with Formula 2 Multivitamin Complex and Formula 3 Cell Activator®, to complete the Herbalife Nutrition® Core Cellular Nutrition program.

For Weight Loss: Replace two meals daily with a Formula 1 shake and eat one healthy meal. Incorporate nutritious snacks to meet your daily caloric goals.

For Healthy Nutrition: Enjoy a Formula 1 Shake every day as a healthy meal.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

NOTICE: Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet, and regular physical activity.



25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. One serving of Formula 1 Instant provides 17 grams of soy protein isolate.

† On the basis of laboratory tests of the formula for Glycemic Index (GI) value, this is a low-GI food.



Formula 1 Instant Healthy Meal

Nutritional Shake Mix
For healthy nutrition and weight management

vanilla dream
artificial flavors



NET WT:
22 OZ (624g)

JUST ADD WATER



SHAKE AND GO

20g PROTEIN

Nutrition Facts

12 servings per container

Serving size

2 scoops (52g)

Amount per serving

Calories

200

% DV*

Total Fat 3g **4%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 1.5g

Cholesterol 0mg **0%**

Sodium 420mg **18%**

Total Carbohydrate 23g **8%**

Dietary Fiber 0g **0%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 20g **40%**

Vitamin D 6mcg **30%**

Calcium 450mg **35%**

Iron 6mg **35%**

Potassium 360mg **8%**

Vitamin A 270mcg RAE **30%**

Vitamin C 27mg **30%**

Vitamin E 4.5mg **30%**

Thiamin 0.36mg **30%**

Riboflavin 0.39mg **30%**

Niacin 4.8mg **30%**

Vitamin B6 0.51mg **30%**

Folate 80mcg DFE (50mcg folic acid) **20%**

Vitamin B12 1.44mcg **60%**

Biotin 9mcg **30%**

Pantothenic Acid 1.5mg **30%**

Phosphorus 400mg **30%**

Magnesium 125mg **30%**

Zinc 4mg **35%**

Selenium 10mcg **20%**

Copper 0.5mg **60%**

Chromium 15mcg **45%**

Molybdenum 20mcg **45%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Maltodextrin, Soy Protein Isolate, Pea Protein Isolate, High Oleic Sunflower Oil, Calcium Phosphate, Artificial Butter Vanilla Flavor, Potassium Chloride, Potassium Phosphate, Magnesium Oxide, Salt, Guar Gum, Xanthan Gum, Soy Lecithin, DL-Methionine, Apple Skin Extract, Sucralose, Ascorbic Acid, DL-Alpha Tocopherol Acetate, Turmeric Oleoresin (Color), Ferrous Fumarate, Niacinamide, Retinyl Palmitate, Sodium Molybdate, Sodium Selenite, Zinc Oxide, Cholecalciferol, Calcium D-Pantothenate, Cyanocobalamin, Copper Gluconate, Chromium Chloride, Biotin, Pyridoxine Hydrochloride, Folic Acid, Thiamine Mononitrate, and Riboflavin.

CONTAINS SOY.

Contains bioengineered food ingredients.

Formulated and distributed exclusively by:

HERBALIFE INTERNATIONAL OF AMERICA, INC.
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA

Made in USA with US and imported ingredients

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