

Supplement Facts

Serving Size: 1 packet Servings Per Container: 30

Amount Per Serving	% DV***	Amount Per Serving	% DV***
Calories	35	Phytosterol Esters	1.3 g †
Total Fat	3 g 4%	Omega-3 Fatty Acids from Fish Oil and Krill Oil [providing Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA)]	717 mg †
Cholesterol	10 mg 3%	Docosahexaenoic Acid from Algal Oil	100 mg †
Vitamin D (as Cholecalciferol)	15 mcg 75%	Krill Oil	300 mg †
Vitamin E (as D-Alpha Tocopherol & Mixed Tocopherols)	12 mg 80%	Hawthorn Fruit Extract	30 mg †
Vitamin B6 (as Pyridoxine Hydrochloride)	4 mg 235%	Coenzyme Q10 (as Ubiquinone)	100 mg †
Vitamin B12 (as Cyanocobalamin)	12 mcg 500%		
Marine Lipid Complex (Fish Oil)	1.5 g †		

OTHER INGREDIENTS: Gelatin, Glycerin, Sesame Oil, Water, Medium Chain Triglycerides, Glycerol Monooleate, Peppermint Oil, Silicon Dioxide, Annatto (Color), Soybean Oil, Natural Lemon Flavor, Caramel (Color), Maltodextrin, Soy Lecithin, Titanium Dioxide (Color), Olive Oil, Vanilla Flavor, Clove Oil, White Thyme Oil and Ethyl Vanillin.
CONTAINS KRILL, ANCHOVY, SALMON, MACKEREL, JACK MACKEREL, SARDINES, HERRING, SPRAT, CLUPEA AND SOY.
Contains bioengineered food ingredients.

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA
Made in USA with US and imported ingredients

©2020 HERBALIFE NUTRITION

Core Complex Herbalife Nutrition teamed with Nobel Laureate in Medicine, Dr. Lou Ignarro[™], to develop Core Complex, a multi-action, scientifically advanced daily supplement packet that targets key aspects of cardiovascular health.* Maintaining a healthy heart requires making sound lifestyle choices including a healthy diet and exercise. Core Complex is a convenient packet with supplements containing ingredients such as fish oils and plant sterols to support four key aspects of heart health: cholesterol, triglycerides, homocysteine and oxidative stress.* This packet can become a part of your health-conscious lifestyle for healthy heart maintenance.*



actual size



actual size



actual size



actual size

Plant Sterols help support healthy cholesterol levels already within a normal range.* B Vitamins help to maintain healthy homocysteine levels that are already within a normal range.*

Herbalifeline® is a specially formulated blend of highly refined marine lipids with high quality Omega-3 fatty acids, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which help to maintain a healthy cardiovascular system by maintaining triglyceride levels already within a normal range.* Supplementing dietary omega-3s intake helps promote healthy blood pressure already within normal range.* Taking DHA regularly also helps to support normal brain function and vision.* Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

Tri-Shield® is a proprietary blend formulated with omega-3 fatty acids from krill oil, which support cardiovascular health.*

CoQ10 Plus is specially formulated with coenzyme Q10 and vitamin D. CoQ10 provides energy to heart cells and protects cells from the damaging effects of oxidative stress.* This excellent source of vitamin D provides additional heart health support.*

** Dr. Lou Ignarro, a Nobel laureate in medicine, is a scientific advisor to Herbalife Nutrition and receives compensation for his endorsement of Herbalife Nutrition® products. The Nobel Foundation has no affiliation with Herbalife Nutrition and does not review, approve or endorse Herbalife Nutrition® products.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Core Complex

Advanced Heart Support ON-THE-GO*
Contains heart healthy ingredients:*

- Plant sterols
- Herbalifeline® with fish oil
- Tri-Shield® with krill oil
- CoQ10 Plus

Supports healthy cholesterol*

DIETARY SUPPLEMENT
30 PACKETS
NET WT: 6.4 OZ (183g)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Exclusively endorsed by
Dr. Lou Ignarro,
Nobel Laureate in Medicine**

RECOMMENDED USE: Take 1 packet per day with a meal and set aside the 2 plant sterol capsules for consumption with a later meal.

KEEP IN A COOL, DRY PLACE, OUT OF DIRECT SUNLIGHT.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

NOTICE: This product is not intended for use by children, pregnant or lactating women. Individuals who are using blood thinning medication or have an allergy to shellfish should consult with their health care provider about the use of essential fatty acid supplements.