



Formula 1 Express Meal Bar Barrita de Comida Exprés

High protein and fiber meal replacement bar for good nutrition and weight management

Barrita de reemplazo alimenticio alta en proteína y fibra para una buena nutrición y un control de peso



**Proud Nutritious
Snack Supplier**
Orgulloso Proveedor
de Bocadillo Nutritivo



cookies 'n cream
galletas con crema
naturally and artificially flavored
sabores naturales y artificiales

cookies 'n cream
galletas con crema
naturally and artificially flavored
sabores naturales y artificiales

7 BARS | BARRAS
1.98 OZ (56g) EACH | CADA UNO
NET WT | PESO NETO: 13.8 OZ (392g)



NOTICE: Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet, and regular physical activity.

Formula 1 Express Meal Bar is a delicious and nutritious way to enjoy the Formula 1 meal experience. Each high protein, high fiber bar fills you up with 15g of protein plus 5g of fiber. Packed with 21 vitamins and minerals, this meal replacement bar is an excellent source of antioxidants*. The 200 calorie portion-controlled serving is a convenient on-the go solution that adds tasty variety to your weight management routine.

* Vitamins C & E
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DIRECTIONS: Substitute one or two meals per day with a delicious Formula 1 Express Meal Bar. Herbalife Also Recommends: Use with Formula 2 Multivitamin Complex and Formula 3 Cell Activator®, to complete the Herbalife® Core Cellular Nutrition Program.

For Weight Loss: Replace two meals daily with either a Formula 1 Express Meal Bar or a Formula 1 shake and eat one nutritious meal.

For Good Nutrition: Enjoy a Formula 1 Express Meal Bar every day as a nutritious meal.

STORE IN A COOL AND DRY PLACE.
30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Independent Distributors.

Nutrition Facts • Datos Nutrimentales

Serving Size • Porción: 1 bar • barra (56g) Servings Per Container • Porciones por Envase: 7

Amount Per Serving • Cantidad por Porción	% DV** • % VD**	
Calories • Calorías	200	
Calories from Fat • Calorías de Grasa	45	
	% DV** • % VD**	
Total Fat • Grasa Total 5g	8%	
Saturated Fat • Grasa Saturada 3g	16%	
Trans Fat • Grasa Trans 0g		
Cholesterol • Colesterol 0mg	0%	
Sodium • Sodio 320mg	13%	
Potassium • Potasio 70mg	2%	
Total Carbohydrate • Carbohidrato Total 28g	9%	
Dietary Fiber • Fibra Dietética 5g	20%	
Sugars • Azúcares 11g		
Protein • Proteína 15g	30%	
Vitamin A • Vitamina A	30%	
Vitamin C • Vitamina C	25%	
Calcium • Calcio	50%	
Iron • Hierro	15%	
Vitamin D • Vitamina D	25%	
Vitamin E • Vitamina E	45%	
Thiamin • Tiamina	35%	
Riboflavin • Riboflavina	45%	
Niacin • Niacina	25%	
Vitamin B6 • Vitamina B6	30%	

Folic Acid • Ácido Fólico	35%	
Vitamin B12 • Vitamina B12	40%	
Biotin • Biotina	25%	
Pantothenic Acid • Ácido Pantoténico	25%	
Phosphorus • Fósforo	40%	
Magnesium • Magnesio	20%	
Zinc • Cinc	35%	
Selenium • Selenio	50%	
Copper • Cobre	30%	
Chromium • Cromo	4%	
Molybdenum • Molibdeno	25%	
Total Fat • Grasa Total	Less Than • Menos de	65g 80g
Saturated Fat • Grasa Saturada	Less Than • Menos de	20g 25g
Cholesterol • Colesterol	Less Than • Menos de	300mg 300mg
Sodium • Sodio	Less Than • Menos de	2,400mg 2,400mg
Potassium • Potasio		3,500mg 3,500mg
Total Carbohydrate • Carbohidrato Total		300g 375g
Dietary Fiber • Fibra Dietética		25g 30g
Protein • Proteína		50g 65g
Calories per gram • Calorías por gramo:		
Fat • Grasa 9	Carbohydrates • Carbohidratos 4	Protein • Proteína 4

** Percent Daily Values (% DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
** El Porcentaje de Valores Diarios (% VD) está basado en una dieta de 2,000 calorías. Sus valores diarios pueden ser más altos o más bajos dependiendo de sus necesidades calóricas.

INGREDIENTS: Soy Protein Nuggets [Soy Protein Isolate, Rice Flour, Tapioca Starch, Barley Malt Extract, Cocoa Powder (Processed with Alkali), Salt], Oligofructose Powder, Soy Protein Isolate, Maltodextrin, Oats, Fractionated Palm Kernel Oil, Sugar, Water, Fructose, Dextrose, Glycerine, Nonfat Dry Milk, Brown Sugar Molasses, Calcium Phosphate, Natural & Artificial Cream Flavor, Nonfat Yogurt Powder, Natural & Artificial Cookie Dough Flavor, Canola Oil, Salt, Magnesium Oxide, Soy Lecithin, Ascorbic Acid, Caramel Color, Natural Flavor, Palm Oil, DL-Alpha Tocopheryl Acetate, Niacinamide, Ferric Orthophosphate, Zinc Oxide, Retinyl Palmitate, Biotin, Blueberry Fruit Powder, Papaya Fruit Powder, Pomegranate Fruit Powder, Pantothenic Acid, Cholecalciferol, Chromium Chloride, Copper Sulfate, Cyanocobalamin, Folic Acid, Pyridoxine Hydrochloride, Riboflavin, Sodium Molybdate, Sodium Selenite, Thiamine Mononitrate and Stevia Leaf Extract. **CONTAINS MILK, SOY AND WHEAT.**
INGREDIENTES: Proteína de Soya Nuggets [Proteína Aislada de Soya, Harina de Arroz, Almidón de Tapioca, Extracto de Malta de Cebada, Polvo de Cacao (Procesada con Alkali), Sal], Polvo de Oligofructosa, Proteína Aislada de Soya, Maltodextrina, Avena, Aceite de Palma Fraccionado, Azúcar, Agua, Fructosa, Dextrosa, Glicerina, Leche Desgrasada en Polvo, Melaza de Azúcar Morena, Fosfato de Calcio, Sabor Natural y Artificial de Crema, Leche Desgrasada en Polvo de Yogur, Sabor Natural y Artificial de Masa de Galleta, Aceite de Canola, Sal, Óxido de Magnesio, Lecitina de Soya, Ácido Ascórbico, Color Caramelo, Sabor Natural, Aceite de Palma, Acetato de DL-Álfa Tocoferol, Niacinamida, Ortofosfato Férrico, Óxido de Cinc, Palmítico de Retimilo, Biotina, Polvo de Fruta de Arándanos, Polvo de Fruta de Papaya, Polvo de Fruta de Granada, Ácido Pantoténico, Colecalciferol, Cloruro de Cromo, Sulfato de Cobre, Cianocobalamina, Ácido Fólico, Clorhidrato de Piridoxina, Riboflavina, Molibdato de Sodio, Selenato de Sodio, Mononitrato de Tiamina y Extracto de Hojas de Stevia. **CONTIENE LECHE, SOYA Y TRIGO.**

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AREA

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