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L1123US-03 SKU1123

Prepare as a Daily Snack or Meal

Protein Drink Mix is a great-tasting, high protein snack with high-quality ingredients that helps boost your protein intake throughout the day. It mixes easily with water, making it ideal for a nutritious snack or protein boost on the go.

DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Blend or stir 2 scoops (29g) with 8 fl oz of cold water or add to your Formula 1 shake to boost your protein intake. Prepare as a Daily Snack or Meal.

PRODUCT	SNACK	SNACK	MEAL
Protein Drink Mix (PDM)	 2 scoops	 1 scoop	 2 scoops
Formula 1		 2 scoops	 2 scoops
8 fl oz of Water			
Protein	15g	17g	24g
Calories	110	145	200

Quick & Easy to Prepare



BLEND

- 4 – 5 ice cubes
- Add fresh fruits and vegetables (optional)
- Blend on low until you achieve desired thickness

Check out [Herbalife.com](https://www.herbalife.com) for additional shake recipes.

Herbalife Also Recommends: See your Distributor for further product recommendations and guidance on your Herbalife® weight management program. For variety, try our other delicious protein-rich snacks too.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Independent Distributors.

NOTICE: Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet and regular physical activity. Use this product as a food supplement only. Should be combined with Formula 1 shake when using this product for weight management.

* Not a low or reduced calorie food.

Litho 2D
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for MPS
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only



Protein Drink Mix

Protein for energy and nutrition

- Nutrient dense snack or protein booster
- Sustains energy & satisfies hunger
- High protein
- 24 vitamins and minerals
- 1g of sugar*



NET WT: 22.5 OZ (638g)



15g
PROTEIN

LOW
GLYCEMIC

Nutrition Facts

22 servings per container

Serving size

2 scoops (29g)

Amount per serving

Calories

110

	% DV*		% DV*
Total Fat 3g	4%	Thiamin 0.65mg	50%
Saturated Fat 0g	0%	Riboflavin 0.8mg	60%
Trans Fat 0g		Niacin 8mg NE	50%
Cholesterol 0mg	0%	Vitamin B6 0.7mg	40%
Sodium 350mg	15%	Folate 280mcg DFE (170mcg folic acid)	70%
Total Carbohydrate 5g	2%	Vitamin B12 1.7mcg	70%
Dietary Fiber 0g	0%	Biotin 100mcg	330%
Total Sugars 1g		Pantothenic Acid 3.6mg	70%
Includes 1g Added Sugars	2%	Phosphorus 390mg	30%
Protein 15g	30%	Iodine 52mcg	35%
Vitamin D 3.5mcg	20%	Magnesium 140mg	35%
Calcium 180mg	15%	Zinc 5.3mg	50%
Iron 6.3mg	35%	Selenium 25mcg	45%
Potassium 280mg	6%	Copper 0.8mg	90%
Vitamin A 530mcg RAE	60%	Manganese 0.7mg	30%
Vitamin C 21mg	25%	Chromium 36mcg	100%
Vitamin E 5.9mg	40%	Molybdenum 30mcg	70%
Vitamin K 28mcg	25%		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Soy Protein Isolate, Non-Dairy Creamer [Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Potassium Phosphate, Calcium Phosphate, Soy Lecithin, Tocopherols (added to protect flavor)], Calcium Caseinate, Cocoa Powder (Processed with Alkali), Magnesium Phosphate, Natural and Artificial Flavors, Dextrose, Salt, Calcium Phosphate, Potassium Phosphate, Xanthan Gum, Guar Gum, Soy Lecithin, Maltodextrin, Silicon Dioxide, Ascorbic Acid, Sucralose, DL-Alpha Tocopherol Acetate, Biotin, Zinc Sulfate, Retinyl Palmitate, Niacinamide, Reduced Iron, Copper Gluconate, Calcium D-Pantothenate, L-Selenomethionine, Phytanadione, Riboflavin, Thiamine Mononitrate, Manganese Sulfate, Cholecalciferol, Pyridoxine Hydrochloride, Potassium Iodide, Folic Acid, Cyanocobalamin, Chromium Chloride and Sodium Molybdate. **CONTAINS MILK, WHEAT AND SOY.**

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA
Made in USA with US and imported ingredients

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