








## Prepare as a Daily Snack or Meal

**Protein Drink Mix** is a great-tasting, high protein snack with high-quality ingredients that helps boost your protein intake throughout the day. It mixes easily with water, making it ideal for a nutritious snack or protein boost on the go.

**DIRECTIONS:** Gently shake the canister prior to each use as contents may settle. Blend or stir 2 scoops (28g) with 8 fl oz of cold water or add to your Formula 1 shake to boost your protein intake. Prepare as a Daily Snack or Meal.

PRODUCT	SNACK	SNACK	MEAL
Protein Drink Mix (PDM)	 2 scoops	 1 scoop	 2 scoops
Formula 1		 2 scoops	 2 scoops
8 fl oz of Water			
Protein	15g	17g	24g
Calories	110	145	200

## Quick & Easy to Prepare



### BLEND

- 4 – 5 ice cubes
- Add fresh fruits and vegetables (optional)
- Blend on low until you achieve desired thickness

Check out [Herbalife.com](http://Herbalife.com) for additional shake recipes.

**Herbalife Nutrition Also Recommends:** See your Distributor for further product recommendations and guidance on your Herbalife Nutrition® weight management program. For variety, try our other delicious protein-rich snacks too.

**30-day money-back guarantee.** This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

**NOTICE:** Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet and regular physical activity. Use this product as a food supplement only. Should be combined with Formula 1 shake when using this product for weight management.

\* Not a low or reduced calorie food

2D  
AREA



# Protein Drink Mix

## Protein for energy and nutrition

- Nutrient dense snack or protein booster
- Sustains energy & satisfies hunger
- High protein
- 24 vitamins and minerals
- 1g of sugar\*



NET WT: 21.7 OZ (616g)



15g  
PROTEIN

LOW  
GLYCEMIC

# Nutrition Facts

22 servings per container

Serving size

2 scoops (28g)

Amount per serving

Calories

110

	% DV*		% DV*
<b>Total Fat</b> 3g	4%	Thiamin	0.65mg 50%
Saturated Fat 0g	0%	Riboflavin	0.8mg 60%
Trans Fat 0g		Niacin	8mg NE 50%
<b>Cholesterol</b> 0mg	0%	Vitamin B6	0.7mg 40%
<b>Sodium</b> 350mg	15%	Folate	280mcg DFE (170mcg folic acid) 70%
<b>Total Carbohydrate</b> 5g	2%	Vitamin B12	1.7mcg 70%
Dietary Fiber 0g	0%	Biotin	100mcg 330%
Total Sugars 1g		Pantothenic Acid	3.6mg 70%
Includes 1g Added Sugars	2%	Phosphorus	390mg 30%
<b>Protein</b> 15g	30%	Iodine	52mcg 35%
Vitamin D 3.5mcg	20%	Magnesium	140mg 35%
Calcium 180mg	15%	Zinc	5.3mg 50%
Iron 6.3mg	35%	Selenium	25mcg 45%
Potassium 280mg	6%	Copper	0.8mg 90%
Vitamin A 530mcg RAE	60%	Manganese	0.7mg 30%
Vitamin C 21mg	25%	Chromium	36mcg 100%
Vitamin E 5.9mg	40%	Molybdenum	30mcg 70%
Vitamin K 28mcg	25%		

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Soy Protein Isolate, Non-Dairy Creamer [Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Potassium Phosphate, Calcium Phosphate, Soy Lecithin, Tocopherols (added to protect flavor)], Calcium Caseinate, Maltodextrin, Magnesium Phosphate, Dextrose, Salt, Potassium Chloride, Calcium Phosphate, Guar Gum, Xanthan Gum, Soy Lecithin, Caramel Color, Artificial Peanut Butter Flavor, Sesame Protein Concentrate, Sucralose, Ascorbic Acid, DL-Alpha Tocopherol Acetate, Biotin, Zinc Sulfate, Retinyl Palmitate, Niacinamide, Reduced Iron, Copper Gluconate, Calcium D-Pantothenate, L-Selenomethionine, Phytonadione, Riboflavin, Natural Vanilla Flavor, Thiamine Mononitrate, Manganese Sulfate, Cholecalciferol, Pyridoxine Hydrochloride, Potassium Iodide, Folic Acid, Cyanocobalamin, Chromium Chloride, and Sodium Molybdate. **CONTAINS MILK AND SOY.**

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.  
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA  
Made in USA with US and imported ingredients

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