

Relaxation Tea

Herbal blend to calm body and mind*

- * Lemon Balm is traditionally used to improve relaxation.
- No added caffeine
- · 0 calories









NET WT: 1.69 OZ (48a)

Relaxation Tea is a specially formulated herbal blend of Lemon Balm, Passionflower, Lavender and Chamomile to help support relaxation. Lemon Balm is traditionally used to help cope with occasional stress, maintain a healthy mood and improve restful sleep. Rest and rejuvenate with a cup of this calming tea with no added caffeine.

DIRECTIONS: Shake well before use. Mix a rounded 1/4 teaspoon (0.8g) with 6 to 12 fl oz of hot water. Consume while warm.

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rounded	6-12 fl oz	mix
1/4 teaspoon	hot water	IIIIX

30-day money-back guarantee. This exclusively formulated product is only available

Nutrition **Facts**

60 servings per container Serving size

rounded 1/4 teaspoon (0.8g)

Calories per serving

	through Herbalife Nutrition Independent Distributors.			
Amount/serving		% DV**	Not a significant source	
Total Fat 0g		0%	of Saturated Fat, Trans Fat, Cholesterol, Dietary Fiber, Total Sugars, Added Sugars, Vitamin D, Calcium, Iron, and Potassium	
Sodium Omg		0%		
Total Carboh	ydrate <1g	0%		
Protein 0g		0%		

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Lemon Balm Extract, Maltodextrin, Natural Peppermint Flavor, Natural Spearmint Flavor, Natural Lavender Flavor, Passionflower Extract, Chamomile Flower Extract, Lavender Flower Extract, and

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