

Your Guide to Enjoying **Fat Release**

Enjoy support at your fingertips with **Fat Release!***

These convenient, single-serve stick packs are designed to seamlessly incorporate into your healthy lifestyle.*



When to Use

Take one stick pack after each meal or snack that contains unwanted fat, up to three times a day.

How to Prepare



Pour stick pack directly in mouth



1 stick pack +
½ tsp. Herbal Tea Concentrate



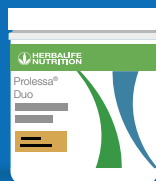
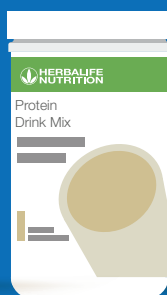
1 stick pack
+ 1 serving Herbal Aloe Concentrate



1 stick pack
+ 8 fl. oz. hot or cold water



Wait 2 hours after taking **Fat Release** before consuming these Herbalife Nutrition® products or other sources of fats you wish to retain, such as omega-3 fatty acids:



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.