# Choose Your Energy



#### Main use/Why do I need it?

Gives you the caffeine boost you need to stay sharp and fuel vour mind.\*

#### **Features and Benefits**

- 15 calories
- 0 g of sugar
- 351 mg of a unique proprietary blend of panax ginseng, L-taurine, caffeine, guarana extract and inositol
- Caffeine is naturally a thermogenic and temporarily increases your metabolism\*
- Consists of ginsenosides, bio-active compounds found in panax ginseng, which support brain function, accelerate memory recall<sup>†</sup> and help reduce the feeling of mental fatigue\*
- Loaded with Vitamin C and energy-supporting B vitamins: B1, B2, B3, B5, B6, B7 and B12\*
- No artificial sweeteners or flavors
- Effervescent powder

#### Certifications

NSF® Certified for Sport®‡ Kosher certified American Vegetarian Association (AVA) certified

#### **Caffeine Per Serving**

75 mg of caffeine§

#### Usage

Take 1-2 servings per day to enjoy as a morning or midafternoon pick-me-up

#### **Flavors**

Pineapple Push Blackberry Spark



#### Main use/Why do I need it?

Beat the afternoon energy slump and stay alert and focused.\*

#### **Features and Benefits**

- 15 calories
- 0 g of sugar
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- Caffeine is naturally a thermogenic and temporarily increases your metabolism\*
- Consists of ginsenosides, bio-active compounds found in panax ginseng, which support brain function, accelerate memory recall<sup>†</sup> and help reduce the feeling of mental fatigue\*
- Loaded with Vitamin C and energy-supporting B vitamins: B1, B2, B3, B5, B6, B7 and B12\*
- Effervescent tablet or powder

# **Herbal Tea** Concentrate

#### Main use/Why do I need it?

Jump-starts your metabolism and provides a boost to help you feel revitalized.

#### **Features and Benefits**

- 5 calories
- Jump-starts thermogenic (metabolic) activity\*\*
- Boosts the feeling of energy\*\*
- Provides antioxidant support
- Dissolvable powder



#### Main use/Why do I need it?

Quickly stimulate your metabolism while feeling energetic and alert.\*

#### **Features and Benefits**

- Quickly stimulates metabolism\*
- Increases alertness\*
- Provides an energetic sensation\*
- Proprietary blend of green, black and oolong teas provides antioxidant support\*



#### Main use/Why do I need it?

Provides a gentle boost and increases mental alertness and concentration.

#### **Features and Benefits**

- 0 calories
- Uplifting tea blend of guarana. orange pekoe and lemon peel
- Reduces fatigue
- Increases mental alertness and concentration
- Dissolvable powder



#### Main use/Why do I need it?

Increases mental alertness and provides a gentle pick-me-up.\*

#### **Features and Benefits**

- Gives all the benefits of guarana in a convenient tablet
- · Reduces fatigue\*
- Increases mental alertness and concentration\*



#### Main use/Why do I need it?

Keeps you going throughout the day with this tasty blend of real coffee and whey protein.

#### **Features and Benefits**

- 100 calories
- 15 g of protein per serving
- The blend of real coffee and whey protein will give you the energy your day needs
- Up to 2 g of sugar
- Low-fat
- No artificial flavors or added colors
- Dissolvable powder
- Low Glycemic

#### Certification

Kosher certified

#### **Caffeine Per Serving**

75 mg of caffeine§

#### Usage

Take 1-2 servings per day

#### **Flavors**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ignite-Me Orange Lemon-Lime Blast **Tropical Fruit Force** Pomegranate-Berry Burst

#### **Certifications**

Gluten free Kosher certified

## **Caffeine Per Serving**

Approximately 85 mg of caffeine§

#### Usage

Enjoy 2 servings per day

#### **Flavors**

Original Raspberry Lemon Peach Chai Flavor Cinnamon

#### Certification

Kosher certified

#### **Caffeine Per Serving**

82 mg of caffeine§

#### Usage

Take 1 tablet 3 times per day

#### **Flavors**

N/A

#### Certification

Kosher certified

## **Caffeine Per Serving**

Approximately 40 mg of caffeine§

#### Usage

Enjoy 1-2 servings per day

#### **Flavors**

N/A

#### Certification

Kosher certified

## **Caffeine Per Serving**

Approximately 32 mg of caffeine§

#### Usage

Take 1 tablet up to 4 times per day

#### **Flavors**

N/A

## Certification

American Vegetarian Association (AVA) certified<sup>††</sup>

## **Caffeine Per Serving**

80 mg of caffeine§

#### **Usage**

Enjoy up to 2 servings per day

#### **Flavors**

Mocha House Blend **Caramel Macchiato** 

 $^{\dagger}\text{Temporary}$  benefit based on consumption of ginseng by healthy young adults. \*Certified for Sport® is a registered trademark of NSE International



Limit caffeine to 200 milligrams per sitting and about 400 milligrams of caffeine per day.

<sup>\*\*</sup>Caffeine is known for its natural thermogenic (metabolism-boosting) benefits and green tea for its antioxidant properties

<sup>&</sup>lt;sup>††</sup>Carmel Macchiato flavor only