

all dimensions in mm



NO VARNISH
AREA

HERBALIFE

HERBALIFE®
24

HYDRATE
ELECTROLYTE DRINK FOR ATHLETES

FORMULA 1 **HYDRATE** PREPARE PROLONG REBUILD RESTORE

NUTRITIONAL SUPPORT FOR THE
24-HOUR ATHLETE™

**ORANGE
FLAVOURED**
Artificial colourant free.
Artificial flavouring free.

Best Before and Lot Number:
See individual stick pack and bottom of the carton

20 STICK PACKS
NET WEIGHT: 106 g (20 x 5.3 g)



Hydrate is developed by experts in sports nutrition. This unique low kilojoule drink comes in a light orange flavour. Hydrate is a perfect option to enjoy throughout the day as it provides B vitamins (B1, B2 and pantothenic acid), calcium and magnesium. It is also high in vitamin C.

B-Vitamins

Typical Nutritional Information

Serving Size: 1 stick pack (5.3 g) Servings per Container: 20

	Per 100 g	Per 1 stick pack (5.3 g)	% NRV*	Per 1 stick with 500 ml water	% NRV*
Energy	980 kJ	52 kJ	**	52 kJ	**
Protein	0.2 g	0 g	0 %	0 g	0 %
Glycaemic Carbohydrate	13 g	1 g	**	1 g	**
of which: total sugar	0 g	0 g	**	0 g	**
Total Fat	0 g	0 g	**	0 g	**
of which: saturated fat	0 g	0 g	**	0 g	**
Dietary Fibre***	2.7 g	0.2 g	**	0.2 g	**
Total Sodium	4370 mg	230 mg	**	230 mg	**

VITAMINS

Pantothenic Acid	17 mg	0.9 mg	18 %	0.9 mg	18 %
Riboflavin	4 mg	0.2 mg	15 %	0.2 mg	15 %
Thiamin	3 mg	0.2 mg	17 %	0.2 mg	17 %
Vitamin C	1509 mg	80 mg	80 %	80 mg	80 %

MINERALS

Calcium	4057 mg	215 mg	17 %	215 mg	17 %
Magnesium	1774 mg	94 mg	22 %	94 mg	22 %

* Nutrient Reference Values (NRVs) for Individuals 4 years and older

** NRV not established

*** Fibre content calculation based on AOAC 2009.01 method

INGREDIENTS: Acidity regulators (citric acid, dipotassium phosphate), flavouring, calcium carbonate, trisodium citrate, sodium chloride, magnesium hydroxide, sodium L-ascorbate, flavour enhancer (potassium chloride), sweetener (sucralose), D-calcium pantothenate, thiamin hydrochloride, riboflavin, cyanocobalamin.

Imported and Distributed in South Africa by: HERBALIFE INTERNATIONAL SOUTH AFRICA, LTD.
Building 32 (Ground floor) The Woodlands, Woodlands Drive, Woodmead, Sandton, South Africa, 2191
Manufactured in Germany by: Aminolabs Deutschland GmbH
Zweig Niederlassung, Bahnhofstrasse 8-10, 21354 Bleckede, Germany ©2019 HERBALIFE NUTRITION

DIRECTIONS FOR USE: Mix 1 stick pack with 500 ml of water, shake vigorously. Enjoy this product within a balanced and varied diet, as part of a healthy, active lifestyle.

STORE WITH LID CLOSED IN A COOL, DRY PLACE.

Prohibited Substance Tested.

A sample of the batch from which this product was created, was analysed for substances prohibited by sport. No substances were found above the detection limits. Please see details at: www.informed-sport.com

30-day money-back guarantee.

This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

The units contained in this pack are not intended for individual retail sale or sampling.



1 4 3 3 S F
CUT1433SF-02 SKU1433

291

-  Farb und Lackfrei / area free from varnish + printing
-  No printing area
-  Fold