# Herbalife' PRODUCT CATALOGUE 2025

erbalife's



# Contents

When you buy Herbalife products, we see it as more than just a one-off purchase but part of a life-long plan to enhance your overall wellbeing both inside and out.

Your body can only perform at its best when fuelled with the correct nutrients. Not always easy to obtain from food alone, our product range is designed to plug the gaps with a perfectly balanced combination of all essential nutritional elements, along with face-to-face management to help keep your goals on track.

For further information on all our products visit www.herbalife.com/en-mt

Protein Pg 18-31





# Nutrition & nurture

Making a lifestyle change can be tough. Some can accomplish goals on their own, but many need a stronger push. Having a mentor by your side can make all the difference.

#### **Our 'Distributor Difference'**

We are the full package! With products only available to buy from our independent distributors, it means you are also invested in their expertise. Whether you want to improve fitness or manage weight, the personal connection with your distributor will provide a clear direction and tailored plan to achieve your wellness goal, as well as offer social support, motivation, encouragement, and accountability.

This extra one-to-one, high-touch approach is what differentiates Herbalife from other nutrition companies.





# Setting the ballies the standard

### There's a reason Herbalife is classed as the #1 brand in the world in weight management and wellbeing.

Our products are designed by science to support personal health and nutrition goals, along with our Herbalife24 brand specifically developed to support the nutritional needs of athletes, gym-goers and fitness enthusiasts.

### **Highest quality ingredients**

We use only the finest quality ingredients from farmers who lead the charge in their high standards for planting and conservation. After all, quality ingredients produce premium products trusted by our customers. Our products, manufacturing, and business model have received numerous international awards, gold-stamping our high-quality standards.



ISO 17025 certifies the technical capability of labs and consistency in results.



The Herbalife24<sup>®</sup> products are batch tested for prohibited substances by an independent third party. For more information, please see the product label.



# Backed by science



#### World-class experts

Our products are backed by science and a global network of over 300 experts and doctors in nutrition, science and health who ensure quality and stringent compliance with government regulations. Guided by research, driven by quality, with no compromises, we deliver excellence on every level.

#### **Tried and tested**

Test, retest, and test again - that's what we do! Internally and through third party certifying organisations, we get validation that our products are best in class.



Product of the Year 2022 Nutrition Hero 2021 Men's and Women's Fitness United Kingdom





**Product of the Year 2022** France

# **Great Droducts**win great awards

RBALIFE

Our dedication to innovation and science has made it possible for our products to be awarded across the world.



Product of the Year 2021 Belgium **Product of the Year 2022** France

# From seec

# to feed

## Great products grow from great ingredients

At Herbalife, we guarantee the highest quality products by following our in-house "from seed to feed" production and quality assurance process.

We invest in responsible cultivation methods and our team of worldwide dedicated scientists and producers are committed to sourcing the best raw materials. Every ingredient goes through in-house analysis to ensure it meets strict specifications. From tea farms in China and aloe farms in Mexico to soybean farms in the U.S., we use the finest ingredients to develop outstanding products.

Every effort is made to ensure that Herbalife products meet or exceed our own quality standards and the standards of our industry. The purity and nutritional value of each ingredient is without question as is the integrity of the processes we follow.



# Inspiring you to make a difference



The Herbalife Family Foundation (HFF) partners with charities and organisations, including Herbalife, to help provide the proper nutrition and education necessary for the wellness of children and communities around the world.

Since its inception, in 2005, HFF provided funding for 178 nonprofit organisations, such as, hospitals, orphanages, schools, and organisations, in over 60 countries.

# Impact at a glance

In the past year, HFF's Casa program provided over 206,000 children across global communities with the proper nutrition needed to lead enriching lives.

With the help from our generous donors, over \$50 million were granted through the years, to organisations around the world.





## How can you give back?

Donate today to improve the lives of disadvantaged children around the world.

# Ideal breakfast

Kickstart your morning with our healthy and balanced breakfast – great-tasting, packed with nutrients and takes seconds to make.



### Formula 1 Healthy Meal

Nourish your body with a deliciously creamy Formula 1 shake – a healthy meal, packed with nutrients.

#### 

## Healthy meal

vanilla cream

Neal replacement shake mix for weight control and healthy nutrition • 25 Vitamins and minerals • High protein

# 

Herbal aloe concentrate drink Aloe Vera Getränkekonzentrat



# 2. Hydrate

### **Aloe Original**

Hydrate with a glass of Aloe Original – cold-pressed Aloe Vera juice that's low in calories and naturally refreshing.

# 3. Refresh Instant Herbal Beverage

Refresh with a tasty cup of Instant Herbal Beverage. Infused with green and black tea, every serving packs 87.5mg\* of caffeine.

Instant herbal beverage with tea extracts



\* It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources (200 mg for pregnant or breast-feeding women). A single dose of 200 mg caffeine should not be exceeded.

# Formula 1

Packed with high-quality plant-based protein and 25 essential vitamins and minerals. Our Formula 1 Healthy Meal shakes come in nine tasty flavours, and are available in canisters or handy sachets for when you're on the go.



\* When mixed with semi-skimmed milk



Banana Cream 21 servings 550 g #4462



Café Latte 21 servings 550 g #4465



Cookie Crunch 21 servings 550 g #4467



Mint & Chocolate 21 servings 550 g #4471



Raspberry & White Chocolate 19 servings 500 g #4469

## **Customers say** "Wins hands down on taste and texture."





Smooth Chocolate 21 servings 550 g #4468



Strawberry Delight 21 servings 550 g #4463



Vanilla Cream 21 servings 550 g #4466



Vanilla Cream 30 servings 780 g #048K

#### Sachets



Vanilla Cream 7 x 26 g, 182 g #053K

# **Customers say**

"Adding Protein Drink Mix to my usual F1 shake makes a deliciously thick and smooth meal."

# The perfect meal

Upgrade your breakfast by combining Protein Drink Mix and Formula 1 for a healthy meal with more protein, more fibre and less calories than a regular Formula 1 shake.

Or combine Protein Drink Mix Vegan with Formula 1 for a healthy meal that is lactose free, 100% vegan and contains the perfect balance of protein, fibre, vitamin, and minerals.



24 g protein 26 vitamins & minerals Gluten free	)
F1 Vanilla Cream	21 servings, 550 g #4466
F1 Vanilla Cream Sachet	7 x 26 g, 182 g #053K
PDM Vegan Vanilla	20 servings, 560 g #172K
PDM Vegan Vanilla Sachet	7 x 28 g, 196 g #441K

# Formula 1 Savoury Meal

A hearty, warming and nutritious savoury meal that's quick to prepare – Formula 1 Mushroom and Herb delivers a rich and creamy soup, that's full of flavour.



Enjoy all the benefits of Formula 1 in a savoury flavour that is healthy and delicious.



21 servings, 550 g

#092

Gluten

free

\* When using Formula 1 meal replacement shakes for the purpose of weight control or weight management, please follow the preparation instructions on the product label.



# **Customers** say

"It's delicious and creamy... A great alternative for cold nights."

### **Asparagus Tortilla**

Servings: 1

Ingredients Salt - to taste 80g asparagus shoots Water, ice

#### For the dough

1 scoop (13 g) F1 Savoury

40 g whole wheat flour 1 egg white 2 g curry powder

#### For the sauce

1 scoop (13 g) F1 Savoury

50 g natural yogurt (3.2%)

Step 1: Boil up water, add salt and dip asparagus shoots into water for 2 minutes. Take out asparagus shoots and dip them into cold water and ice.

**Step 2:** For the dough - Mix egg white with F1 Savoury with whole wheat flour and add curry. Make dough, roll it out into a thin sheet, shape a circle. Fry each side on a heated dry frying pan for 30 seconds. Cover tortilla with sauce, fold it in half, and put asparagus inside.

Step 3: For the sauce - Mix yogurt and F1 Savoury Meal.

#### Nutritional values per serving (238g)\*:

Energy (kcal)	304
Protein (g)	24.5
Fat (g)	5.6
of which saturates (g)	1.57
Carbohydrate (g)	8.4
of which sugars (g)	4.5
Fibre (g)	6.7
Salt (g)	1.6

### Want more recipes? **Check out our latest Cookbook**



Only when prepared as instructed on the product label does our product deliver the full nutritional benefits described on that label. Please remember that if a Herbalife product is used in a heated recipe, some vitamin levels in the finished product may decline in comparison to label values.

\*When you consume Formula 1 Nutritional Drink as part of a weight control or weight management, please read carefully the instructions on the product label.



# Formula 1



A nutritionally complete meal on-the-go, these top-tasting indulgent bars help satisfy both hunger and sweet cravings.









### **High Protein Iced Coffee**

Every batch is expertly brewed using 100% Robusta espresso coffee beans to deliver a smooth, bold taste. Coffee at its best, providing 80 mg caffeine\*, 15 g protein, no added sugar, and only 80 calories per serving. Just add water and recharge!



Latte Macchiato



14 servings, 308 g #012K

# Naturally selected



MERBALIFE NUTRITION

TRI BLEND -Select-

### **Tri Blend Select**

Our flavoursome vegan protein shake packs a punch with its carefully selected blend of pea, quinoa and flaxseed for a complete protein\* hit, plus, it's a source of fibre, vitamins and minerals.



Banana

15 servings, 600 g #013K

\* The addition of rice protein delivers a complete protein

# Meet your protein needs

Keeping up with your daily protein intake can be easy.

Our range of protein products are a convenient way to ensure your daily recommended protein levels stay on target.



15 g

Vanilla

### **Protein Drink Mix**

A delicious high quality protein shake that can be mixed with Formula 1 or enjoyed on its own.



0 100% Protein Drink Mix-Vegan Vegan, gluten free, naturally lactose free, protein based **Protein Drink Mix Vegan** drink mix High protein An ultra-creamy vanilla flavoured drink. Mix with Formula 1 for a healthy vegan Herbalife meal or enjoy it solo as a shake. Protein Drink Mix Vegan 22 vitamins Gluten Sugar protein & minerals free free 20 servings, 560 g #172K Vanilla Sachet 7 x 28 g, 196 g #441K

# Smart protein snacks

### Contrary to popular belief, snacking can be helpful for those who want to stay on track with their nutritional goals.

What's more, they're another chance to fuel your body with nutrients! A clinical study even found that healthy, calorie-controlled snacks in portion-controlled packs help people to eat less throughout the day<sup>1</sup>.

## 

Protein bar Próteinstangir

> HIGH In Protein Hátt Prótein

h protein snack for energy nutrition teinrikt snarl sem gefur orku og





anilla almond flavour anillu- og möndlubragð

## 

Protein bar Próteinstangir

High protein snack for energy and nutrition Próteinrikt snarl sem gefur orku og



citrus lemon flavour sítrus- og sítrónubragð

### **Protein Bars**

Satisfy your chocolate cravings with a delicious, high protein snack, or enjoy as a boost when you're exercising.

10 g protein High in protein	
Vanilla Almond	14 x 35 g, 490 g #3968
Citrus Lemon	14 x 35 g, 490 g #3976

# Water with added value

nstant herbal beverage with tea extracts

WEIGHT: 102 g e

For intense workouts, you can do your body a favour by quenching your thirst with a specially designed sports drink – both during and after exercise.

### **Mineral Addition**

When you sweat, you lose important minerals like sodium, chloride and potassium. Often called electrolytes, they are essential for your body. Sports drinks may enhance your liquid consumption, and provide magnesium which contributes to electrolyte balance during exercise. Try **Herbalife 24 Hydrate**, a calorie-free electrolyte drink.

Give it a lift

Another way to keep hydrated is by flavouring your water. Try Herbal Aloe Concentrate containing 40% aloe vera juice that elevates your drink with refreshing flavour. Or wake up to a refreshing herbal beverage. Herbalife Instant herbal beverage wit tea extracts is a unique blend infused with extracts of green tea leaf, orange pekoe tea leaf with added cardamom seed extract, and hibiscus flower powder. Each serving contains 87,5 mg caffeine to lift your day - and this still contributes to your hydration goals as moderate amounts of caffeine will not deplete the water in your body.

Herbal aloe concentrate drink

Aloe Vera

Getränkekonzentrat

ETOVOLUME I TETOVOLUMEN: 473 ml e

# Hydration Adde Hydration Adde Hydration

### Herbal Aloe Concentrate Drink

Liven up your water with a refreshing mango taste to help you achieve adequate fluid intake of approximately 2 litres per day.



### HERB/ <sup>∦H</sup> NUTRI

Herbal aloe concentrate Aloe Vera Getränkekc

# HERBALIFE.

Herbal aloe concentrate drink Aloe Vera Getränkekonzentrat

Low calorie and no added sugar Kalorienarm und ohne Zuckerzusatz with sweeterer mt Süßungsmittel mango flavour Mangogeschmack

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ter before and lot number: Set bed container Worketers balthar bio, Lonnummer: ster Rokungsunterseite NET VOLUME | NETTOVOLUMEN: 473 ml **e** 

# Hydration Tea range



### **Instant Herbal Beverage**

Wake up to a refreshing herbal drink, containing 87.5 mg caffeine\*.

- A unique blend of orange pekoe traditional black tea, and green tea with extracts of hibiscus powder and cardamon
- Can be enjoyed hot or cold

HERBALIFE NUTRITION

with tea extracts

NET WEIGHT: 51 g e

Instant herbal beverage



Original

30 servings, 51 g #178K 60 servings, 102 g #179K



Lemon

30 servings, 51 g #180K

Raspberry

30 servings, 51 g #182K

30 servings, 51 g #181K

HERBALIFE NUTRITION

NET WEIGHT: 51 g e

Peach

Instant herbal beverage with tea extracts

# Unleash your potential

Whether you're a gentle jogger or an elite athlete, Herbalife24<sup>®</sup> sports line has the products you need to help you prepare, train and recover.

# Customise Your Herbalife24 programme





# Raising the bar

AVOUR CHOCOLATE

# **Customers say**

"Has an excellent non-chewy texture."

# H24 Achieve Protein Bars

# A convenient post-workout snack that contains 21g of protein to fuel your goals.

These delicious bars come in a tempting flavour, decadent Dark Chocolate. Free from artificial flavours and colours, they're also suitable for vegetarians!



Dark Chocolate

6 servings, 60 g #150K

# From strength to strength





### **Rebuild Strength Pouch**

A premium high-protein recovery shake to support growth and maintenance of muscle mass, plus iron to contribute to normal energy-yielding metabolism.



Chocolate

20 servings, 1000 g #403K

### Hydrate

Maintain fluid consumption with this calorie-free electrolyte drink containing 100% NRV for Vitamin C plus essential B vitamins, calcium and magnesium.



Orange

20 sachets x 5.3 g, 106 g #1433

# **G To be the best, I trust Herbalife.** Cristiano Ronaldo

Herbalife



Fuel your workouts with CR7 Drive, a scientifically formulated hypotonic sports drink developed in partnership with Cristiano Ronaldo. Flavoured with Acai Berry, CR7 Drive combines carbohydrate-electrolyte solutions with Vitamins B1 and B12 to give advanced hydration, endurance and metabolism support.





20 servings, 540 g #1466 10 sachets x 27 g, 270 g #1467

# VICTORY STARTS ON THE NOSIDE

HERBALIFE

MORE THAN 190 SPORTING TEAMS AND ATHLETES AROUND THE WORLD USE HERBALIFE24 PRODUCTS TO HELP THEM PERFORM AT THEIR BEST



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