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L224KV10A-00 SKU224K

Meal replacement for weight control

Made with high-quality soy protein, fibre and vitamins & minerals, Formula 1 offers both great nutrition and convenience.

Enjoy Formula 1 shake as a nutritional breakfast, lunch or dinner to support your active lifestyle and weight management goals*.

Formula 1 shake contains 26 vitamins and minerals, including vitamin D which contributes to the normal function of the immune system, and vitamin C which contributes to the reduction of tiredness and fatigue.

Formula 1 is made of ingredients that are vegan sourced, is gluten free and contains no artificial colours or flavours.

You no longer have to choose between healthy meals and convenience - the Formula 1 shake is quick and easy to prepare!

DIRECTIONS FOR USE: Enjoy a Formula 1 shake every day as a nutritious meal. Gently shake the canister prior to each use as content may settle. To prepare a delicious shake, mix two scoops of powder (26 g) with 250 ml of cold, semi-skimmed milk (1.5 % fat). Or for a vegan friendly and naturally lactose free shake, mix two scoops of Formula 1 (26 g) with two scoops of PDM Vegan (28 g) and 300 ml water. Enjoy this product within a balanced and varied diet, as part of a healthy, active lifestyle.

Quick and easy to prepare

2 scoops of
Formula 1

+



+

250 ml of semi-skimmed milk
or 2 scoops of PDM Vegan
and 300 ml of water

shake or blend

* **For weight control:** Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss. Replace two meals per day with a delicious Formula 1 drink and take a balanced meal.

* **For balanced nutrition support and weight maintenance:** Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss. Replace one meal per day with a delicious Formula 1 drink and eat two balanced meals.

Meet your daily caloric goals by also consuming nutritious snacks.

Store with lid closed in a cool, dry place.

30-day money-back guarantee. This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Independent Distributors. This product is intended for use as part of an energy restricted diet and with other foodstuffs, in conjunction with regular physical activity. It is important to maintain adequate fluid intake. It is important to follow these directions as indicated.

Before beginning any weight management program, Herbalife advises to consult a physician. A healthy weight management program should include modest caloric intake, balanced diet and regular physical activity.

Formula 1 is a meal replacement shake mix for weight control and healthy nutrition with sugar (fructose) and sweetener (stevia)

Best before and lot number: See base of container

NET WEIGHT: 550 g e

Herbalife

LIMITED
EDITION

Formula 1

Healthy meal

Meal replacement shake mix for weight control and healthy nutrition

- 26 Vitamins and minerals
- High protein

pineapple
coconut
natural flavourings

Nutritional information

Serving size: 26 g

Servings per container: 21

	Per 100 g	Per 26 g serving with 250 ml semi-skimmed milk (1.5 % fat)	Per 26 g serving with 2 scoops of PDM Vegan and 300 ml water
Energy	1494 kJ 356 kcal	909 kJ 216 kcal	845 kJ 201 kcal
Fat	8.0 g	6.2 g	4.7 g
of which:			
saturates	1.6 g	3.0 g	0.7 g
mono-unsaturates	1.9 g	1.5 g	0.5 g
polyunsaturates	4.5 g	1.3 g	1.2 g
Carbohydrate	28 g	20 g	13 g
of which: sugars	27 g	(12 g from milk) 19 g	7 g
Fibre	15 g	4 g	5 g
Protein	35 g	18 g	24 g
Salt	1.4 g	0.7 g	0.9 g
VITAMINS	% RI**	% RI**	% RI**
Vitamin A	1180 µg RE	343 µg RE	524 µg RE
Vitamin D	7.9 µg	2.1 µg	4.0 µg
Vitamin E	19 mg α-TE	5.1 mg α-TE	9.6 mg α-TE
Vitamin K	118 µg	31 µg	31 µg
Vitamin C	119 mg	35 mg	61 mg
Thiamin	1.2 mg	0.42 mg	0.74 mg
Riboflavin	0.35 mg	0.55 mg	0.64 mg
Niacin	24 mg NE	6.5 mg NE	12 mg NE
Vitamin B6	1.7 mg	0.56 mg	0.97 mg
Folic acid	250 µg	75.8 µg	141 µg
Vitamin B12	1.0 µg	1.3 µg	1.3 µg
Biotin	73 µg	28 µg	38 µg
Pantothenic acid	6.8 mg	2.7 mg	4.0 mg
MINERALS			
Potassium	1420 mg	768 mg	979 mg
Chloride	294 mg	337 mg	412 mg
Calcium	460 mg	423 mg	445 mg
Phosphorus	890 mg	466 mg	497 mg
Magnesium	431 mg	143 mg	112 mg
Iron	22 mg	5.8 mg	7.7 mg
Zinc	12 mg	3.9 mg	4.9 mg
Copper	1.7 mg	0.47 mg	0.82 mg
Manganese	3.3 mg	0.86 mg	1.8 mg
Selenium	79 µg	21 µg	46 µg
Chromium	58 µg	15 µg	15 µg
Molybdenum	77 µg	31 µg	56 µg
Iodine	230 µg	68.3 µg	117 µg

** Reference intake

INGREDIENTS: Soy protein isolate, fructose, inulin, gluten-free oat fibre, soy oil, minerals mixture (calcium citrate, magnesium oxide, ferrous fumarate, sodium selenite, zinc oxide, manganese carbonate, chromium(III) chloride, potassium iodide, cupric citrate), potassium phosphate, emulsifier (soy lecithin), flaxseed powder, thickeners (xanthan gum, guar gum), natural flavourings, vitamins mixture (Vitamin C (L-ascorbic acid), Vitamin E (DL-alpha-tocopheryl acetate), Niacin (nicotinamide), Vitamin A (retinyl acetate), Biotin (D-biotin), Pantothenic acid (calcium D-pantothenate), Vitamin D (cholecalciferol), Folic acid (pteroylmethylglutamic acid), Vitamin K (phyloquinone), Vitamin B6 (pyridoxine hydrochloride), Thiamin (thiamin hydrochloride), Vitamin B12 (cyanocobalamin), Riboflavin), sodium chloride, colour (beta-carotene), sweetener (steviol glycosides from Stevia), papaya fruit powder, parsley herb powder, blueberry fruit powder, pomegranate fruit powder, anti-caking agent (silicon dioxide). Sweetener from natural source. Allergy advice: for allergens, see ingredients in **bold**.

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Manufactured by: Fine Foods NTM S.p.A. Via Berlino 39, 24040 Zingonia-Verdellino, Bergamo, Italy

1 logo applies to the canister
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