



L1435V1-02 SKU1435

**Prolong** is developed by experts in sports nutrition. This unique carbohydrate-protein drink mix has an osmolality of 270 – 330 mOsmol/kg and contains protein to support the growth and maintenance of muscle mass. Enriched with vitamin C and B vitamins (including niacin and pantothenic acid), this drink has a light, subtle flavour, which is great to take whilst exercising.

**Provides 100 % NRV of vitamin C**, which contributes to the protection of cells from oxidative stress, helps maintain the normal function of the immune system and helps reduce tiredness and fatigue.

**225**  
Calories

**7 g**  
Whey protein

**Vitamin C**  
100 % NRV\*\*

**DIRECTIONS FOR USE:** Add 4 level scoops (60 g) to 250 ml of water, shake vigorously, then add a further 250 ml of water to make a 500 ml serving. Drink one bottle (500 ml) per hour during physical activity. Enjoy this product within a balanced and varied diet, as part of a healthy active lifestyle.

Store with lid closed in a cool, dry place.

**Banned Substance Tested:** The Informed-Sport quality assurance programme certifies that a sample of the batch from which this product was created has been tested by LGC's world-class sports anti-doping lab, and found to contain no banned substances in its anti-doping screen. More details at [www.informed-sport.com](http://www.informed-sport.com)

**30-day money-back guarantee.** This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Independent Distributors.



HERBALIFE®  
**24**®

**PROLONG**

CARBOHYDRATE – PROTEIN DRINK MIX  
WITH ADDED VITAMINS FOR ATHLETES

FORMULA 1    HYDRATE    PREPARE    **PROLONG**    REBUILD    RESTORE

**NUTRITIONAL SUPPORT FOR THE 24 HOUR ATHLETE**

**CITRUS FLAVOUR**  
No artificial colours.  
No artificial flavours.  
No artificial sweeteners.

Best before and lot number: See base of container

NET WEIGHT: 900 g e



**Nutritional information**

Serving size: 4 scoops (60 g)  
Servings per container: 15

|                     | Per 100 g           | Per 500ml of made up product* | % NRV**        | % NRV**        |
|---------------------|---------------------|-------------------------------|----------------|----------------|
| Energy              | 1595 kJ<br>375 kcal | 957 kJ<br>225 kcal            |                |                |
| Fat                 | 0.3 g               | 0.2 g                         |                |                |
| of which: saturates | 0.2 g               | 0.1 g                         |                |                |
| Carbohydrate        | 80 g                | 48 g                          |                |                |
| of which: sugars    | 29 g                | 18 g                          |                |                |
| Fibre               | 0 g                 | 0 g                           |                |                |
| Protein             | 11 g                | 7 g                           |                |                |
| Salt                | 1.8 g               | 1.1 g                         |                |                |
| <b>VITAMINS</b>     |                     |                               | <b>% NRV**</b> | <b>% NRV**</b> |
| Vitamin C           | 134 mg              | 80 mg                         | 168 %          | 100 %          |
| Thiamin             | 1.4 mg              | 0.83 mg                       | 127 %          | 75 %           |
| Niacin              | 20 mg NE            | 12 mg NE                      | 125 %          | 75 %           |
| Vitamin B6          | 1.8 mg              | 1.1 mg                        | 129 %          | 79 %           |
| Vitamin B12         | 3.1 µg              | 1.9 µg                        | 124 %          | 76 %           |
| Biotin              | 63 µg               | 38 µg                         | 126 %          | 76 %           |
| Pantothenic acid    | 7.5 mg              | 4.5 mg                        | 125 %          | 75 %           |

\* Per made up product = 60 g serving with 500 ml of water  
\*\* Nutrient reference values

**INGREDIENTS:** Maltodextrin, fructose, whey protein isolate (from milk) (12.5 %), acidity regulators (trisodium citrate, citric acid, tricalcium citrate, tripotassium citrate, magnesium hydroxide), flavour enhancer (potassium chloride), sodium-L-ascorbate, sodium chloride, medium chain triglycerides, nicotinamide, natural lime flavouring, calcium-D-pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, D-biotin, cyanocobalamin. Allergy advice: for allergens see ingredients in **bold**. **MAY CONTAIN SOYA AND EGG.**

Distributed by: HERBALIFE INTERNATIONAL LUXEMBOURG S.à R.L.  
c/o HERBALIFE EUROPE LIMITED  
The Atrium, 1 Harefield Road, Uxbridge, Middlesex UB8 1HB, U.K.

©2015 HERBALIFE



L1435V1-02 SKU1435