

Enjoy anytime daily

Tri Blend Select Coffee Caramel, Formulated Supplementary Sports Food, is a deliciously creamy protein shake offering you naturally sourced nutrition and great taste. With a unique combination of high quality wholefood ingredients, Tri Blend Select is also good source of fibre and low in sugar. We have carefully selected Pea, Quinoa and Organic Flax Seed as part of premium vegan blend to deliver a complete protein source providing all essential amino acids, vitamin C and 7 key minerals from natural sources. Nourish your body and delight your taste buds!

DIRECTIONS FOR USE: Enjoy Tri Blend Select once at anytime during the day. Gently shake the pouch prior to each use as content may settle. Mix 3 scoops (40 g) of powder with 250 mL of water or your favourite milk alternative or fruit juice. Adjust the liquid amount for the consistency you require*. Enjoy this product within a balanced and varied diet, as part of a healthy active lifestyle.

Quick & easy to prepare



3 scoops

+



250 mL water

+



Shake

Serving suggestion



BLEND

- 4 – 5 ice cubes
- Add fresh fruits and vegetables (optional)*
- Blend on low until you achieve the desired thickness

Check out myherbalifeshake.com for additional shake recipes.



Store with lid closed in a cool and dry place.

This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors. See base of container for LOT NO. and BEST BEFORE DATE.

Formulated Supplementary Sports Food.

Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.

* If mixed with fruit juice or other beverage or adjusting the amount of liquid, nutritional values will differ.

This food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical training or exercise programme.

NET WEIGHT: 600 g

Made in Italy

Nutrition Information

Serving size: 40 g

Servings per pouch: 15

	Average qty. Per 250 mL of made up product**	Average qty. Per 100 g
Energy	634 kJ (151 Cal)	1585 kJ (376 Cal)
Protein	20 g	51 g
Fat	2.2 g	5.5 g
Saturated	0.4 g	1.0 g
Carbohydrate	9 g	24 g
Sugars	5 g	13 g
Dietary Fibre	6 g	15 g
Sodium	334 mg	835 mg
VITAMIN		
Vitamin C	18 mg	45 mg
MINERALS		
Phosphorus	227 mg	567 mg
Iron	3.5 mg	8.8 mg
Zinc	2.0 mg	5.0 mg
Copper	0.38 mg	0.95 mg
Manganese	0.40 mg	1.0 mg
Chromium	10 mcg	25 mcg
Molybdenum	23 mcg	56 mcg
** Per made up product = 40 g serving with 250 mL of water		

INGREDIENTS: Tri Blend Protein™ (pea protein isolate (50 %), flax seed powder (11 %), quinoa powder (5 %)), coconut blossom nectar powder, inulin (chicory), rice protein isolate, natural flavourings, oat fibre, acerola cherry extract, sweetener (steviol glycosides), rice fibre.

Distributed in Australia by:

HERBALIFE AUSTRALASIA PTY. LIMITED

LIMITED Distributed in New Zealand by:

HERBALIFE (N.Z.) LIMITED

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