Stop Breakdown, Start Rebuilding,

Rebuild Strength. We've created a sustained muscle building shake that delivers whey and casein protein to help rebuild fatigued muscle.

Contribute to the Growth of Muscle Mass

25 g	Mix	X	B Vitamins	3	3.5 mg
Proteins	Prote	ins	B1, B5 and B	6	Iron

DIRECTIONS: Mix 2 scoops (50.5 g) with 280 ml of water. Shake vigorously, Consume one shake per day within 30 minutes following physical activity. Store in a cool and dry place.

Prohibited Substance Tested. A sample of this batch from which this product was created was analysed for substances prohibited by sport. No substances were found above the detection limits.

Please see details at: herbalife24.com.au or herbalife24.co.nz.

30-day money-back guarantee.

This exclusively formulated product is only available through Herbalife Independent Distributors.

This food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical training or exercise programme.

Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.

See bottom of the container for Lot no. and Best Before Date.



REBUILD STRENGTH

IMMEDIATE AND SUSTAINED MUSCLE RECOVERY

FORMULA 1 HYDRATE PREPARE PROLONG REBUILD RESTORE

NUTRITION FOR THE 24-HOUR ATHLETE



FORMULATED SUPPLEMENTARY SPORTS FOOD NET WT: 1010 q



Nutrition Information

Serving Size: 2 scoops (50.5 g) Servings Per Container: 20

S	Average qty. per serving	Average qty. per 100 g				
Energy	794 kJ (189 kcal)	1572 kJ (3742 kcal)				
Protein	25 g	50 g				
Fat	1.9 g	3.8 g				
saturated	0.89 g	1.76 g				
Carbohydrates	18 g	36 g				
sugars	14 g	28 g				
Sodium	239 mg	473 mg				
VITAMINS AND MINERALS						
Vitamin C	30 mg	59 mg				
Thiamine	1.0 mg	2.0 mg				
Vitamin B6	0.95 mg	1.88 mg				
Vitamin E	7.2 mg	14.3 mg				
Pantothenic acid	3.5 mg	6.9 mg				
Calcium	358 mg	709 mg				
Iron	3.5 mg	6.9 mg				
Magnesium	104 mg	206 mg				
Chromium	12 μg	24 μg				

INGREDIENTS: Milk protein isolate, whey protein concentrate, fructose, sugar, maltodextrin, whey protein isolate, cocoa powder, acidity regulator (potassium citrate), salt, high oleic sunflower oil, medium chain triglycerides, anticaking agent (silicon dioxide), natural flavouring, magnesium oxide, milk masker, thickener (guar gum), sweetener (steviol glycosides), magnesium citrate, ascorbic acid, DL-alpha tocopheryl acetate, ferrous fumarate, D-calcium pantothenate, thiamine mononitrate, chromium chloride and pyridoxine hydrochloride.

CONTAINS MILK AND SOYBEAN INGREDIENTS.

Distributed in Australia by: HERBALIFE AUSTRALASIA PTY, LIMITED Distributed in New Zealand by: HERBALIFE (N.Z.) LIMITED Customer service enquiries: 5 Butler Boulevard, Adelaide Airport SA 5950 Australia

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