FYDRATE





FORMULA 1 HYDRATE PREPARE

PROLONG REBUILD RESTORE

NUTRITION FOR THE 24-HOUR ATHLETE



FORMULATED SUPPLEMENTARY SPORTS FOOD Lot Number and Best Before: See individual stick pack and bottom of the carton

NET WEIGHT: 106 g (20 STICK PACKS x 5.3 g)

REPLENISHES ELECTROLYTES

PACKED WITH B **VITAMINS**

NO ARTIFICIAL COLOURS OR FLAVOURS

> PROHIBITED **SUBSTANCE** TESTED

SKU #1458 Orange Flavour



Consume no more than one serving per day.

Always read the label - use only as directed. This food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical training or exercise program. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.